

SAFETY GUIDELINES & GENERAL INFORMATION

SAFETY IS PARAMOUNT

The Club does its best to provide safe trips. However, all outdoor activities of this nature attract some risk. You are responsible for your personal safety and your participation in trips acknowledges acceptance of this. Please make sure you choose an appropriate party suitable to your confidence, experience and current fitness. Make sure you have the required gear, including first aid, food and water and that you tell your leader of any medical condition. If you are unsure of anything, talk to the party leader.

ON THE BUS No standing on the bus while it's moving.

A passenger to accompany the driver in the cab.

Do not open the door or alight from the bus until it is stationary and the engine is turned off.

To help keep the club bus clean, don't wear muddy clothing or footwear in the bus, and bring a bag to put your

boots in after the tramp.

ON TRAMPS Trip Organisers and Party Leaders are in charge and their decisions must be respected by all members of a

party.

Always tramp together as a party.

There should be at least four people in a group.

Ensure you maintain sight of the persons in front and behind you. Do not go off on your own. Wait at all track junctions, tree windfalls and stream crossings until the party has reassembled.

Carry your own first aid.

Swimming at West Coast beaches is not recommended unless in a patrolled areas.

Kauri dieback disease is spread by contaminated soil and water. To avoid spreading the disease within a forest, please clean and disinfect your boots and poles wherever treatment stations are provided. Clean your

gear between tramps to prevent contamination between forests.

DAY TRIPS

BUS Check the Club newsletter or www.nstc.org.nz for departure time and place, as this may vary.

Please arrive 15 minutes early.

Trips are held wet or fine.

For further information contact the trip organiser.

Unless indicated, there is no need to book.

If the bus is full or not used, the trip cost per person is due to the owner of the vehicle used.

If there is room on the bus and private transport is used, the trip cost per person is due to the Club.

FARES Fares are as stated in the newsletter and website.

Non-members pay \$5 extra.

Junior fares apply to those under 18 years.

Juniors under 14 years must be accompanied by an adult.

GEAR Gear requirements as stated on the Website <u>Gear Lists</u> are to be carried by all participants at all times.

Firearms, radios and pets are not permitted on trips.

Cellphones are to be on vibrate or silent.

LONGER TRIPS

Bookings are only accepted after publication of the proposed trip in the newsletter or Website.

Weekend and trips of longer duration trips are to be paid in full at least one week prior to departure, unless payment is required sooner.

Deposits, when required, need to be paid by Direct Credit to the Club Account.

Refunds are at the discretion of the committee and may not be refundable.

Non-members are only included if the trip is not filled by members and pay an additional cost of 25% or a minimum of \$15 extra.

Juniors under 18 years and over 14 years need parental consent as well as the approval of organiser(s) and the party leader for inclusion on weekend trips away.

Members leaving trips, either through their own choice, or if directed to do so by the Party Leader or Trip Organiser, must bear the cost of their own transport home.

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